

NORTHERN HILLS ACADEMY LUNCH MENU

SEPTEMBER

Gluten Free lunches & Vegetarian lunches are for students who have dietary restrictions

1	2	3	4	5
Menu Subject to Change All lunches include fruit and vegetables	Drink choices: Fat free chocolate milk 1% white milk Juice	<u>2nd Choice:</u> Turkey & Cheese Sub	Chicken Patty on a Bun <i>GF - Cheeseburger</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
8	9	10	11	12
Chicken Tenders with Dinner Roll <i>GF - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Cheesy Breadsticks with Tomato Sauce <i>GF - Yogurt Bag</i> <i>V - Pasta with sauce</i>	Breakfast for Lunch <i>GF - Turkey & Cheese Wrap</i> <i>V - Yogurt Bag</i>	Cheeseburger on a Bun <i>GF - Cheeseburger</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
15	16	17	18	19
Turkey Hot Dog on a Bun <i>GF - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Bean & Cheese Burrito <i>GF - Yogurt Bag</i> <i>V - Pasta with sauce</i>	Chicken Tenders with Pretzel Stick <i>GF - Turkey & Cheese Wrap</i> <i>V - Yogurt Bag</i>	Macaroni & Cheese <i>GF - Cheeseburger</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
22	23	24	25	26
Breakfast for Lunch <i>GF - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Corn Dog Nuggets <i>GF - Yogurt Bag</i> <i>V - Pasta with sauce</i>	Cheesy Breadsticks with Tomato Sauce <i>GF - Turkey & Cheese Wrap</i> <i>V - Yogurt Bag</i>	Breaded Chicken Drumstick with Potatoes <i>GF - Cheeseburger</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
29	30			
Cheeseburger on a Bun <i>GF - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Chicken Nuggets with a Dinner Roll <i>GF - Yogurt Bag</i> <i>V - Pasta with sauce</i>			