

NORTHERN HILLS ACADEMY LUNCH MENU

OCTOBER

Gluten Free lunches & Vegetarian lunches are for students who have dietary restrictions

		1	2	3
<i>*Menu Subject to Change*</i> All lunches include fruit and vegetables Drink choices: Fat free chocolate milk 1% white milk Juice	Alternative Daily Options 2nd Choice: Turkey & Cheese Sub 3rd Choice: Bagel Bag	Chicken & Cheese Quesadilla <i>GF - Cheeseburger</i> <i>V - Cheese Sub</i>	Chicken Nuggets & Dinner Roll <i>GF - Chicken Nuggets</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
6	7	8	9	10
Cheeseburger on a Bun <i>GF - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Cheesy Pretzel Melt <i>GF - Cheeseburger</i> <i>V - Pasta with sauce</i>	Breakfast for Lunch <i>GF - Turkey & Cheese Wrap</i> <i>V - Yogurt Bag</i>	Sweet & Sour Chicken w/ Rice <i>GF - Chicken Nuggets</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
13	14	15	16	17
School Closed	Bean & Cheese Burrito <i>GF - Cheeseburger</i> <i>V - Pasta with sauce</i>	Corn Dog Nuggets <i>GF - Turkey & Cheese Wrap</i> <i>V - Yogurt Bag</i>	Chicken Nuggets & Dinner Roll <i>GF - Chicken Nuggets</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
20	21	22	23	24
Turkey Hot Dog on a Bun <i>GF - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Meatball Sub <i>GF - Cheeseburger</i> <i>V - Pasta with sauce</i>	Cheesy Breadsticks with Sauce <i>GF - Turkey & Cheese Wrap</i> <i>V - Yogurt Bag</i>	Macaroni & Cheese <i>GF - Chicken Nuggets</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
27	28	29	30	31
Cheeseburger on a Bun <i>GF - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Corn Dog Nuggets <i>GF - Cheeseburger</i> <i>V - Pasta with sauce</i>	Chicken Patty on a Bun <i>GF - Turkey & Cheese Wrap</i> <i>V - Yogurt Bag</i>	Cheesy Pretzel Melt <i>GF - Chicken Nuggets</i> <i>V - Cheese Sub</i>	Cheese Pizza <i>GF - Turkey & Cheese Wrap</i> <i>V - Yogurt Bag</i>

