

# NORTHERN HILLS ACADEMY LUNCH

# October MENU



**\*Gluten Free lunches & Vegetarian lunches are for students who have dietary restrictions\***

	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Drink choices:</b> Fat free chocolate milk 1% white milk & Juice All lunches include fruit and vegetables Menu Subject to Change	Chicken Nuggets With Dinner Roll OR Ham and Cheese Sub  <i>GF - Cheeseburger</i> <i>V - Breakfast for Lunch</i>	Chicken Parm On A Bun OR Ham and Cheese Sub  <i>GF - Cheeseburger</i> <i>V - Breakfast for Lunch</i>	Cheesy Breadsticks With Tomato Sauce OR Ham and Cheese Sub  <i>GF - Cheeseburger</i> <i>V - Breakfast for Lunch</i>	Cheese Pizza OR Ham and Cheese Sub  <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
Chicken Tenders With Pretzel Stick OR Ham and Cheese Sub  <i>GF - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Cheesy Pretzel Melt Or Ham And Cheese Sub  <i>Gf - Turkey &amp; Cheese Sub</i> <i>V - Cheese Sub</i>	Pasta With Tomato Sauce Or Ham And Cheese Sub  <i>Gf - Chicken Nuggets</i> <i>V - Yogurt Bag</i>	Mini Corn Dog Or Ham And Cheese Sub  <i>Gf - Cheeseburger</i> <i>V - Breakfast For Lunch</i>	Cheese Pizza OR Ham and Cheese Sub  <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
NO SCHOOL	Chicken Patty On A Bun Or Ham And Cheese Sub  <i>Gf - Turkey &amp; Cheese Sub</i> <i>V - Cheese Sub</i>	Breakfast For Lunch Or Ham And Cheese Sub  <i>Gf - Chicken Nuggets</i> <i>V - Yogurt Bag</i>	Popcorn Chicken & Rice Or Ham And Cheese Sub  <i>Gf - Cheeseburger</i> <i>V - Breakfast For Lunch</i>	Cheese Pizza OR Ham and Cheese Sub  <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
Turkey Hotdog On A Bun Or Ham And Cheese Sub  <i>Gf - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Meatball Sub Or Ham And Cheese Sub  <i>Gf - Turkey &amp; Cheese Sub</i> <i>V - Cheese Sub</i>	Chicken Tenders With Dinner Roll Or Ham And Cheese Sub  <i>Gf - Chicken Nuggets</i> <i>V - Yogurt Bag</i>	Macaroni & Cheese Or Ham And Cheese Sub  <i>Gf - Cheeseburger</i> <i>V - Breakfast For Lunch</i>	Cheese Pizza OR Ham and Cheese Sub  <i>GF - Pizza Pocket</i> <i>V - Cheese Pizza</i>
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>
Breakfast For Lunch OR  <i>Gf - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Cheeseburger On A Bun OR  <i>Gf - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Popcorn Chicken & Rice OR  <i>Gf - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	Turkey Hotdog On A Bun OR  <i>Gf - Chicken Nuggets</i> <i>V - Mozzarella Sticks</i>	

